Vila Maroc ORIENTAL SPA



# **Signature Treatments**

Embark on a rejuvenating journey with our selection of signature treatments. All designed with traditional Moroccan beauty rituals in mind, these combinations of hammam, scrubs and massages will leave you relaxed, pampered and glowing.

# Oriental Delight

The hammam allows the body's temperature to rise, opening the pores and readies the skin for a traditional black soap scrub. The skin is gently exfoliated with a khassa glove before a sea salt, honey and argan oil mask is applied.

The experience continues with a gentle and relaxing full body massage in which Argan Oil is applied to further hydrate and sooth the skin.

Hammam length: 45 minutes Massage length: 50 minutes

## Traditional Beauty

Combining aromatherapy and traditional beauty practices, the hammam is filled with the soothing sent of cedar wood, allowing the mind to relax whilst the body's temperature gently rises. Once warm, the skin is gently exfoliated using black soap and a khassa glove before being enveloped in a traditional ghassoul clay mask.

An energising full body Argan Oil massage promoting blood circulation is then applied using deep pressure on the muscles.

Hammam length: 30 minutes Massage length: 20 minutes

## Hammams

#### Traditional Herb Scrub Hammam

Our guests enter the hammam and allow their body temperature to rise before a scrub of dried Moroccan roses, lavender, honey and Argan oil is applied to the skin. The gentle exfoliation removes impurities while promoting the production of new cells.

The skin is then washed and one can enjoy the warmth of the hammam for some additional minutes.

Experience duration: 30 minutes

### Coconut Flake Scrub Hammam

Our gentlest body scrub, the coconut flakes are mixed with Argan Oil and then applied to the warm body. Whilst removing dead skin cells, the scrub nourished and hydrates the skin leaving it silky smooth.

After the scrub, one can enjoy the warmth of the hammam for some additional minutes.

Experience duration: 30 minutes

#### Private Hammam Use

We put at your disposal black soap and a khassa glove for a free use of our hammam.

Experience duration: 45 minutes



# Massages

### The Oriental

This relaxing massage uses a blend of essential oils and Argan Oil to deeply sooth the body using light to medium pressure.

Massage duration: 50 minutes

#### The Swiri

Focusing on re-energising the body, this deep pressure massage lets the stress melt away using warm Argan Oil. Perfect after a long day exploring the souks.

Massage duration: 50 minutes

## Hot Stones Massage

Ideal for easing and relaxing tense muscles, hot stones are placed on specific parts of the body to alleviate tension. The massage also uses Argan Oil to further relax the body.

Massage duration: 50 minutes

## Aromatic Herb Massage

Blending aromatherapy and massage techniques, this massage uses heated herb pouches to gently massage the skin, leaving it smooth and glowing.

Massage Duration: 50 minutes



## Cinnamon Massage

The naturally warming properties of cinnamon leaf oil helps relaxing sore muscles and tension. The deeper pressure used promotes blood circulation and is ideal after an active day.

Massage duration: 50 minutes

## Scalp & Shoulders Massage

Focusing on the scalp, neck and shoulders, this massage uses pressure points to relax any tenseness in that part of the body.

Massage duration: 20 minutes

# Foot Massage

Perfect after a long day walking and exploring the city, this massage alleviates aches and pains in the feet, creating a light feeling afterwards.

Massage Duration: 20 minutes

## Back Massage using Hot Stones

Focusing only on the back and using the same hot stones techniques as our full length massage, this treatment helps the easing tense muscles and relaxes the body.

Massage Duration: 20 minutes

## Face Modelage

Promoting circulation and elasticity, this face massage using Argan Oil helps release tension, leaving the skin looking plump and rejuvenated.

Massage Duration: 20 minutes

